



MHCC
groups

SPRING 2026

HOW DO I SIGN UP?

SIGN UP ANY OF THESE WAYS:

- ① Online at www.mounthelena.org/groups
- ② In MHCC's mobile app for IOS or Android
- ③ Fill out a card on Sign Up Sunday
- ④ Scan here:



MHCC GROUPS **FUTURE DATES**

If you are interested in MHCC Groups but can't join or lead one at this time, check back in the fall when we'll begin our next group cycle!

Leader Apps Due: September 13th
Menu Release: September 20th
Signup Sunday: September 27th



WHAT ARE MHCC GROUPS?

MHCC Groups are small groups of people who meet regularly to share a common interest, discussion topic, or curriculum.

Mount Helena Community Church is committed to connecting people – both to Jesus and to a community around them. These connections are at the heart of our vision to **build community** and **live the mission**. This vision is carried out in our daily lives and in our gatherings, large and small. Whether a group involves fun activities, serious study, or serving together, each is meant to connect us at MHCC. Understanding the commitment levels can help you find groups that are a good fit for you.

Each of the following groups are categorized into one of the following levels, based on time commitment and/or intensity of curriculum:



**MINIMAL
COMMITMENT**

LEVEL 1 groups are casual and light-hearted gatherings designed to get to know people in our community. Members can come and go, and do not necessarily need to RSVP. These groups are based around an activity or shared interest, and there is usually no curriculum or study involved.



**MODERATE
COMMITMENT**

LEVEL 2 groups require a little bit more of you. Members may need to RSVP if the group involves childcare, a meal, or a group activity to coordinate. These groups are based around an interest, activity, or curriculum but can be jumped into at any time. If they miss a week or two, members won't feel as though they've "fallen behind."



HIGH COMMITMENT

LEVEL 3 groups will be pursuing a common interest, or going through a book or curriculum on a specific schedule. Topics of study and activities may be more detailed or challenging than in a level 2 group. Members understand that they need to attend as many of the group gatherings as possible, and should communicate absences to the leader. Members who do not do the reading, or who miss several meetings or activities will fall behind.



MINISTRY TEAMS

LEVEL 4 groups are the ministry teams at MHCC. We believe one of the best ways to get to know people is to serve alongside them. Our teams of volunteers are what make our ministries possible and there is always room for another helping hand! Once you sign up, you will be contacted by a team leader regarding the application, training, and scheduling processes. Feel free to contact a leader before signing up if you have questions about their ministry. If you are already on a team listed, you do not need to sign up again.

WHAT IS THE SCHEDULE?

Each group has its own time, start date, frequency, and duration.

You can find start dates and meeting times in each group description. Groups meet regularly but may take time off due to holidays or other conflicts. Please contact the group leader if you have further questions about when their group meets.



BREAKING BREAD



LEADER: MARIGAYE BISSELL

DAY: SUNDAY, WEEKLY

TIME: 11:45AM-1:30PM

LOCATION: VARIOUS RESTAURANTS & HOMES

REQUIREMENTS: COST OF YOUR MEAL

NEXT MEETING: APRIL 12

DURATION: ONGOING

This is a gathering for both single adults and couples to enjoy food and fellowship after the service on Sundays. Our meeting location will rotate between local restaurants and parks as the weather allows, and a potluck on the last Sunday of each month at the church, through May. Our group has a focus on building relationships and making connections with shared interests. Some weeks will have an activity following lunch, and activity suggestions are welcome. Regular attendance is not required - join us any time!

THE MOM SQUAD



LEADERS: VICTORIA SPARKS-LOWRY

DAY: WEDNESDAY, WEEKLY

TIME: 9:30-11:30AM

LOCATION: GREEN/TEAL CLASSROOMS

REQUIREMENTS: NONE

NEXT MEETING: APRIL 15

DURATION: ONGOING

This is a perfect opportunity to chat with other moms while the kids get to play together! Come build connections with women in the same season of life. This is a very informal group, and you don't need to show up every week. We'd love for you to join us!



JUNIOR HIGH YOUTH GROUP



LEADERS: TIFFANY ROBINSON,
JONAS & AMY CANNEY

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 6TH-8TH GRADERS

NEXT MEETING: APRIL 15

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

YOUTH

SENIOR HIGH YOUTH GROUP

LEADERS: TAYLOR & HEATHER THORNESS

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 9TH-12TH GRADERS

NEXT MEETING: APRIL 15

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

1

YOUNG ADULTS



LEADERS: SCOTT & ANNETTE FALKOWSKI

DAY: THURSDAY, WEEKLY

TIME: 6:30-8:00PM

LOCATION: 5785 VULK DRIVE

REQUIREMENTS: BIBLE & NOTEBOOK

NEXT MEETING: APRIL 16

DURATION: ONGOING

Our group gathers single young adults to build community, fun memories, and lasting relationships while encouraging each other with God's word. The group will be choosing the topic/subject of discussion. We hope you'll join us for what promises to be a remarkable summer together!

YOUNG ADULTS

SUPPER ON THE SUMMIT

LEADERS: JEREMY & MALLORY JACOBSON

DAY: MONDAYS, SCHEDULED

TIME: 5:45PM-7:45PM

LOCATION: VARIOUS SCRATCHGRAVEL
HILLS TRAILHEADS

REQUIREMENTS: MEAL REIMBURSEMENT & BACKPACK

MEETINGS: APRIL 20, APRIL 27, MAY 11, MAY 18

DURATION: 4 WEEKS (SKIPPING MAY 4)



Looking for community, adventure, and a reason to get outside on a Monday night? Join us for 4 weeks as we hike the Scratchgravel Hills chasing summits and sharing dinner with a view. Each summit hike is around 4 miles with up to 1,500' of elevation. We'll coordinate an optional weekly food order (or bring your own). Men in the group are invited to help carry the group meal as able, in a way to serve each other and an extra challenge on the hike. Perfect for adult singles and couples wanting connection, fresh air, and faith-centered community.

2

ADULT CO-ED **SOFTBALL**

LEADERS: SCOTT & ANNETTE FALKOWSKI

DAY: VARIES

TIME: 6:00-9:00PM

LOCATION: HELENA SOFTBALL FIELDS

FIRST MEETING: MAY 1

DURATION: 12 WEEKS



Our co-ed softball team is a fun and welcoming group where we come together through the summer to enjoy some friendly competition and build lasting relationships. Whether you are brand new or a seasoned player, we hope you'll join us!

LADY BEARS

LEADERS: LEA FREITAS & HANNAH REGUIN

DAY: SATURDAYS, BI-WEEKLY

TIME: 9:00-11:00AM

LOCATION: VARIOUS

REQUIREMENTS: GOOD SHOES & WATER BOTTLE

NEXT MEETING: APRIL 25

DURATION: THROUGH SEPTEMBER



WALKING YOUR FAITH IN AN UNBALANCED TIME

While walking, we will be discussing practical ways of how to be true to our faith in a way that doesn't cause awkward interactions or reinforce bad stereotypes. We'll also address how to live a beautiful life, have beautiful days, in a sometimes dark and oppressive reality.



GOD'S LOVE SHELTER: LUNCH SERVICE

LEADERS: BRANDON FREITAS &
DAVID TRAVIS

DAY: SATURDAY, MONTHLY

TIME: 11:00AM-1:00PM

LOCATION: GOD'S LOVE HOMELESS SHELTER

NEXT MEETING: FEBRUARY 21

DURATION: ONGOING



We have a service opportunity for you! MHCC is set up to serve lunch at God's Love in Helena on the 3rd Saturday of every month. This is for adults or youth 10 and up (accompanied by a parent). We encourage anyone who's willing to serve, please contact Brandon or David via text to get on a group text for coordination. There's only space for 5 people per month (the kitchen is small). We'd love to rotate through various people and even encourage families to serve together! Sign up and leave an email address and phone number. We can text you with coordination prior to each month's service day.

RADICAL

LEADERS: COLT TIETJE & GRACE QUIGLEY

DAY: SUNDAY, MONTHLY

TIME: 8:15-9:30AM

LOCATION: MHCC, PRAYER ROOM

MEETINGS: MAY 3

DURATION: ONGOING



Our group meets the first Sunday of the month to plan ways to live radically for Jesus. We will meet to come up with group service ideas, decide on a project, and then perform whatever that project entails.

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FOUNDATIONS

LEADERS: DAVID & VERONICA MORITZ

DAY: WEDNESDAYS, WEEKLY

TIME: 7:00-8:15PM

LOCATION: 1490 BOSTON ROAD

NEXT MEETING: APRIL 15

DURATION: 10 WEEKS



The truth is, we all build on something—and the foundation you choose determines the life you live. This group is for anyone who is somewhat new to the Bible and who wants to learn more. This group will strive to answer questions that arise as people new to Christianity start to read God’s Word. *The Foundations Book* will help you discover what Jesus said, give you confidence to understand the Bible for yourself, and give you simple, actionable steps you can take to build your life around His truth.

FIRST & THIRD FRIDAYS

LEADERS: SCOTT & ANNETTE FALKOWSKI
DEREK & MEGAN CALVERT

DAY: FRIDAY, MONTHLY

TIME: 6:30-8:00PM

LOCATION: 5785 VULK DRIVE

NEXT MEETING: APRIL 17

DURATION: ONGOING



A relational development small group for those couples looking at getting married, are currently engaged or are newly married. The group will provide fellowship, encouragement, group discussion and reading material.

COUPLES

4

FIRST IMPRESSIONS

LEADER: BOB WAMSLEY

NEEDS: GREETERS, HOSTS

REQUIREMENTS: NONE

SCHEDULE: ONCE PER MONTH



MINISTRY TEAMS

MEN'S MINISTRY

LEADER: BOB WAMSLEY

NEEDS: PRAYER, SMALL GROUP LEADERS,
MENTORS, DISCIPLES, EVENT LOGISTICS

REQUIREMENTS: NONE

SCHEDULE: VARIES



MINISTRY TEAMS

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WOMEN'S MINISTRY

LEADERS: LYNN STUMBERG &
JOELLEN BARBAGELLO

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: A HEART TO SERVE OTHERS

SCHEDULE: MONTHLY



MINISTRY TEAMS



YOUTH GROUP LEADERSHIP TEAM

LEADER: TIFFANY ROBINSON

NEEDS: CHAPERONES/ASSISTANT LEADERS
FOR MIDDLE AND HIGH SCHOOL GROUPS

REQUIREMENTS: BACKGROUND CHECK

SCHEDULE: WEDNESDAY NIGHTS, WEEKLY

MHCC Youth Group is for students in 6th-12th grades. We meet on Wednesday nights for fun games and practical, relevant Bible teaching. The youth group leaders are passionate about nurturing healthy relationships, empowering, and equipping our youth to follow Christ.

We are always in need of more chaperones/assistant leaders for both high school and middle school age groups. Come and lead a younger generation into the purposes of God!

MINISTRY TEAMS

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MHCC KIDS

LEADER: NANCY UNDERCOFLER

NEEDS: LEAD TEACHERS, CLASSROOM BREAKOUT LEADERS,
KIDCHECK GREETERS

REQUIREMENTS: APPLICATION, BACKGROUND CHECK

SCHEDULE: EVERY OTHER MONTH



MINISTRY TEAMS



SOUND TEAM

LEADER: RIJO VARGHESE

NEEDS: SOUND TECHNICIANS

SEVERAL WEEKS OF TRAINING

REQUIREMENTS: THURSDAY REHEARSAL, SUNDAY SERVICE,

SCHEDULE: EVENTS, ONCE PER MONTH

MEDIA & VIDEO TEAM

LEADER: CARTER WALD

NEEDS: MEDIA TECHS, VIDEO TECHS

REQUIREMENTS: SEVERAL WEEKS OF TRAINING

SCHEDULE: ONCE PER MONTH AT SUNDAY SERVICE,

AS NEEDED FOR SPECIAL EVENTS

MINISTRY TEAMS

4

WORSHIP TEAM

LEADERS: NICK & HANNAH REGUIN

NEEDS: ALL MUSICIANS, VOCALISTS

REQUIREMENTS: APPLICATION, AUDITION

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE, 1-2X MONTHLY



MINISTRY TEAMS

PRAYER TEAM

LEADER: BRANDON FREITAS

NEEDS: SUNDAY MORNING PRAYER WARRIORS

REQUIREMENTS: A PRAYING HEART

SCHEDULE: ONCE PER MONTH





SAFETY TEAM

LEADERS: NATE SCOTT & STEVE LAPP

NEEDS: TEAM MEMBERS

REQUIREMENTS: BACKGROUND CHECK & TRAINING

SCHEDULE: SUNDAYS, 9-11:30AM

MHCC Safety Team is a newly established ministry team that will focus on the overall safety of our family of believers and guests during regularly scheduled services and events. Basic safety and emergency response procedures will be outlined, communicated, and implemented by safety team members in coordination with all other ministry teams.

If you have been looking for a way to get involved and serve at MHCC then we would love to have you join us! Get signed up to help us ensure a safe and secure environment for our families to grow together in our relationship with Jesus.

MINISTRY TEAMS