



MHCC
groups

WINTER 2026

HOW DO I SIGN UP?

SIGN UP ANY OF THESE WAYS:

- ① Online at www.mounthelena.org/groups
- ② In MHCC's mobile app for IOS or Android
- ③ Fill out a card on Sign Up Sunday
- ④ Scan here:



MHCC GROUPS **FUTURE DATES**

If you are interested in MHCC Groups but can't join or lead one at this time, check back in the winter when we'll begin our next group cycle!

Leader Apps Due: March 29th

Menu Release: April 5th

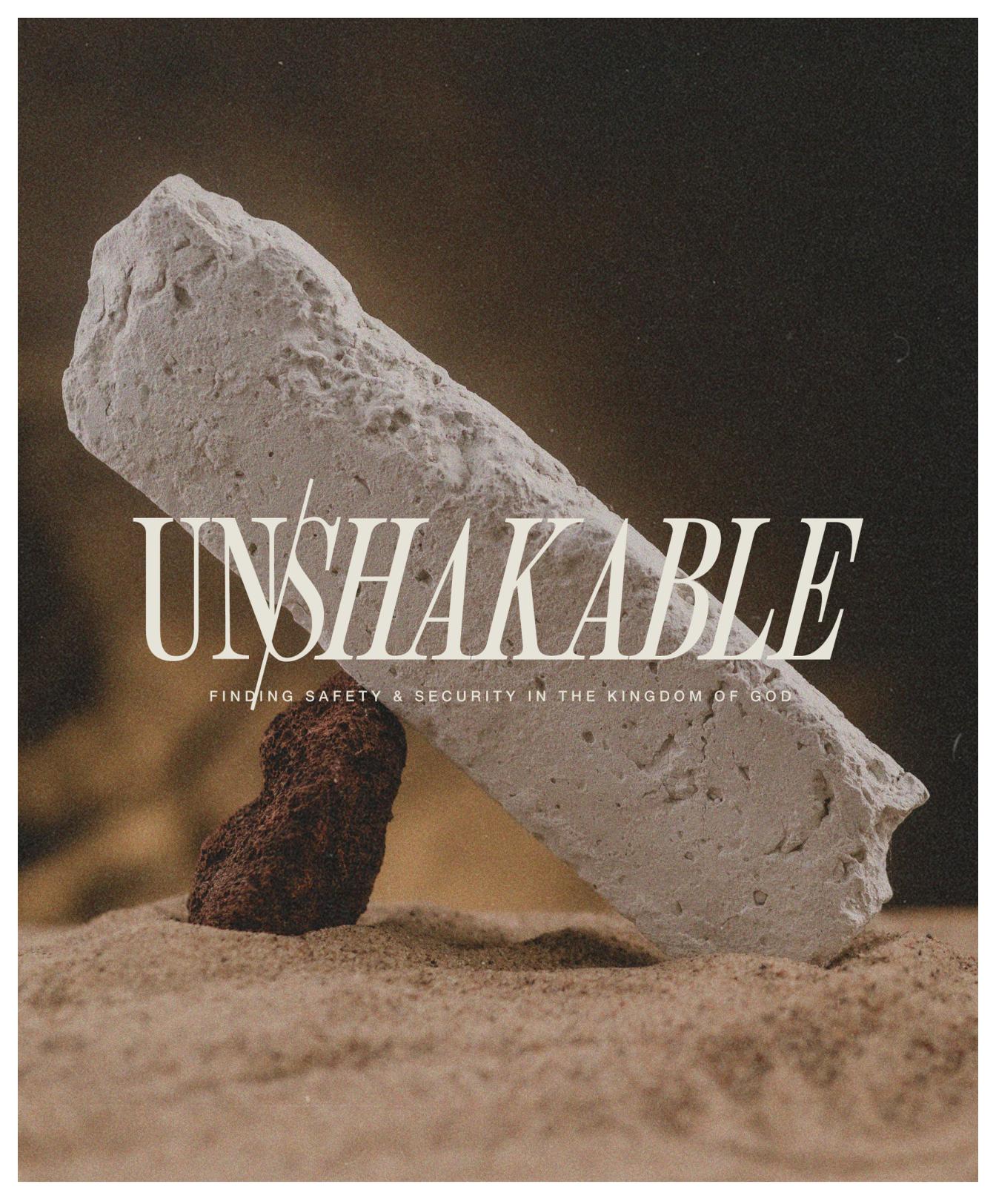
Signup Sunday: April 12th



WHAT ARE MHCC GROUPS?

MHCC Groups are small groups of people who meet regularly to share a common interest, discussion topic, or curriculum.

Mount Helena Community Church is committed to connecting people – both to Jesus and to a community around them. These connections are at the heart of our vision to **build community** and **live the mission**. This vision is carried out in our daily lives and in our gatherings, large and small. Whether a group involves fun activities, serious study, or serving together, each is meant to connect us at MHCC. Understanding the commitment levels can help you find groups that are a good fit for you.

A large, light-colored, porous rock, possibly a piece of coral or a similar natural formation, is the central focus. It is leaning against a smaller, dark brown, porous rock. Both rocks are resting on a sandy surface. The background is a dark, gradient color, transitioning from a deep brown at the top to a black at the bottom. The overall composition is simple and evocative, suggesting stability and strength.

UNSHAKABLE

FINDING SAFETY & SECURITY IN THE KINGDOM OF GOD

JOIN AN *UNSHAKABLE* SMALL GROUP

This winter, our whole church will be walking through the 8-week Unshakable study together. Small groups are a great way to connect and grow in faith as we learn about the Kingdom of God.

PURCHASE AN *UNSHAKABLE* STUDY GUIDE

Guides are \$10. You can pay via a giving envelope or use the code to the right to give online. If giving online, select the Books fund.





LEADERS: JONAS & AMY CANNEY

DAY: SUNDAYS

TIME: 11:45AM-1:15PM

LOCATION: BLUE CLASSROOM @ MHCC

FIRST MEETING: FEBRUARY 8

DEMOGRAPHIC: CURRENT YOUTH LEADERS &
ANYONE INTERESTED IN SERVING
YOUTH

LEADER: DAN HOCHHALTER

DAY: SUNDAYS

TIME: 11:45AM-1:15PM

LOCATION: PURPLE CLASSROOM @ MHCC

FIRST MEETING: FEBRUARY 8





LEADERS: BOB & MARGARET WAMSLEY

DAY: TUESDAYS

TIME: 6:00-7:30PM

LOCATION: 1264 LANDMARK DRIVE

FIRST MEETING: FEBRUARY 10

LEADER: JOHN & CHEVONNE HALL

DAY: WEDNESDAYS

TIME: 5:45PM-7:45PM

LOCATION: BURKE HOME, 126 CORBIN RD,
JEFFERSON CITY

FIRST MEETING: FEBRUARY 11



UNSHAKABLE

SMALL GROUPS



LEADERS: JEREMIAH & APRIL HUGHES

DAY: WEDNESDAYS

TIME: 6:30PM-7:45PM

LOCATION: 3846 MONARCH RD, EAST HELENA

FIRST MEETING: FEBRUARY 11

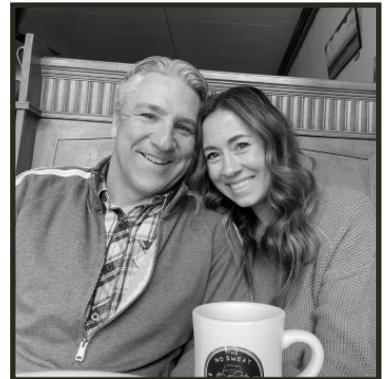
LEADERS: JASON & REBEKAH HARRIS

DAY: WEDNESDAYS

TIME: 7:00-8:30PM

LOCATION: 1730 LOCKEY AVENUE

FIRST MEETING: FEBRUARY 4





LEADERS: LYNN STUMBERG & INGRID MALLO

DAY: WEDNESDAYS

TIME: 6:00-7:30PM

LOCATION: PURPLE CLASSROOM @MHCC

FIRST MEETING: FEBRUARY 11

DEMOGRAPHIC: WOMEN ONLY



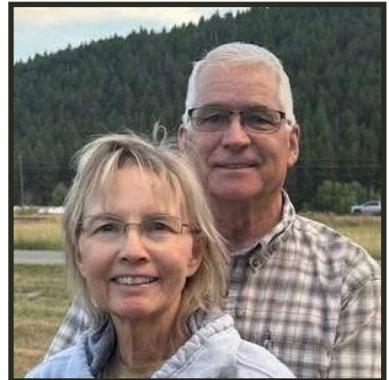
LEADERS: JOHN & COLLEEN QUIGLEY

DAY: WEDNESDAYS

TIME: 7:00-8:30PM

LOCATION: 505 EAST MAIN ST, ELLISTON

FIRST MEETING: FEBRUARY 4





LEADERS: ROGER & RENEE RASMUSSEN

DAY: THURSDAYS

TIME: 7:00-8:30PM

LOCATION: 3 SKY LINE DR, MONTANA CITY

FIRST MEETING: FEBRUARY 12

LEADERS: SCOTT & ANNETTE FALKOWSKI

DAY: THURSDAYS

TIME: 6:30-8:00PM

LOCATION: 5785 VULK DRIVE

FIRST MEETING: JANUARY 22

DEMOGRAPHIC YOUNG ADULTS



Each of the following groups are categorized into one of the following levels, based on time commitment and/or intensity of curriculum:



**MINIMAL
COMMITMENT**

LEVEL 1 groups are casual and light-hearted gatherings designed to get to know people in our community. Members can come and go, and do not necessarily need to RSVP. These groups are based around an activity or shared interest, and there is usually no curriculum or study involved.



**MODERATE
COMMITMENT**

LEVEL 2 groups require a little bit more of you. Members may need to RSVP if the group involves childcare, a meal, or a group activity to coordinate. These groups are based around an interest, activity, or curriculum but can be jumped into at any time. If they miss a week or two, members won't feel as though they've "fallen behind."



HIGH COMMITMENT

LEVEL 3 groups will be pursuing a common interest, or going through a book or curriculum on a specific schedule. Topics of study and activities may be more detailed or challenging than in a level 2 group. Members understand that they need to attend as many of the group gatherings as possible, and should communicate absences to the leader. Members who do not do the reading, or who miss several meetings or activities will fall behind.



MINISTRY TEAMS

LEVEL 4 groups are the ministry teams at MHCC. We believe one of the best ways to get to know people is to serve alongside them. Our teams of volunteers are what make our ministries possible and there is always room for another helping hand! Once you sign up, you will be contacted by a team leader regarding the application, training, and scheduling processes. Feel free to contact a leader before signing up if you have questions about their ministry. If you are already on a team listed, you do not need to sign up again.

WHAT IS THE SCHEDULE?

Each group has its own time, start date, frequency, and duration.

You can find start dates and meeting times in each group description. Groups meet regularly but may take time off due to holidays or other conflicts. Please contact the group leader if you have further questions about when their group meets.



BREAKING BREAD



LEADER: MARIGAYE BISSELL

DAY: SUNDAY, WEEKLY

TIME: 11:45AM-1:30PM

LOCATION: VARIOUS RESTAURANTS & HOMES

REQUIREMENTS: COST OF YOUR MEAL

NEXT MEETING: FEBRUARY 8

DURATION: ONGOING

This is a gathering for both single adults and couples to enjoy food and fellowship after the service on Sundays. Our meeting location will rotate between local restaurants and parks as the weather allows, and a potluck on the last Sunday of each month at the church, through April. Our group has a focus on building relationships and making connections with shared interests. Some weeks will have an activity following lunch, and activity suggestions are welcome. Regular attendance is not required - join us any time!

THE MOM SQUAD



LEADERS: VICTORIA SPARKS-LOWRY

DAY: WEDNESDAY, WEEKLY

TIME: 9:30-11:30AM

LOCATION: GREEN/TEAL CLASSROOMS

REQUIREMENTS: NONE

NEXT MEETING: FEBRUARY 18

DURATION: ONGOING

This is a perfect opportunity to chat with other moms while the kids get to play together! Come build connections with women in the same season of life. This is a very informal group, and you don't need to show up every week. We'd love for you to join us!



JUNIOR HIGH YOUTH GROUP



LEADERS: TIFFANY ROBINSON,
JONAS & AMY CANNEY

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 6TH-8TH GRADERS

NEXT MEETING: FEBRUARY 4

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

YOUTH

SENIOR HIGH YOUTH GROUP

LEADERS: TAYLOR & HEATHER THORNESS

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 9TH-12TH GRADERS

NEXT MEETING: FEBRUARY 4

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.



GOD'S LOVE SHELTER: LUNCH SERVICE

LEADERS: BRANDON FREITAS &
DAVID TRAVIS

DAY: SATURDAY, MONTHLY

TIME: 11:00AM-1:00PM

LOCATION: GOD'S LOVE HOMELESS SHELTER

NEXT MEETING: FEBRUARY 21

DURATION: ONGOING



We have a service opportunity for you! MHCC is set up to serve lunch at God's Love in Helena on the 3rd Saturday of every month. This is for adults or youth 10 and up (accompanied by a parent). We encourage anyone who's willing to serve, please contact Brandon or David via text to get on a group text for coordination. There's only space for 5 people per month (the kitchen is small). We'd love to rotate through various people and even encourage families to serve together! Sign up and leave an email address and phone number. We can text you with coordination prior to each month's service day.

A NIGHT OUT - PLANNING TEAM

LEADERS: BRANDON & LEA FREITAS

DAY: SUNDAY, MONTHLY

TIME: 11:30AM - 12:45PM

LOCATION: GREEN CLASSROOM @MHCC

REQUIREMENTS: NOTEPAD

NEXT MEETING: FEBRUARY 15 (1ST EVENT MARCH 6)

DURATION: ONGOING



Like to party? We are planning a fabulous Friday night of fun at MHCC! We need some creative folks who will brainstorm with us, plan with us, and help execute the details with us to not only make this a reality, but something to look forward to - possibly even a precedent to base future shenanigans on! We need a team ready to think creatively and also get er' done!

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GRIEF SHARE

LEADER: GENICE GILREATH-CONE

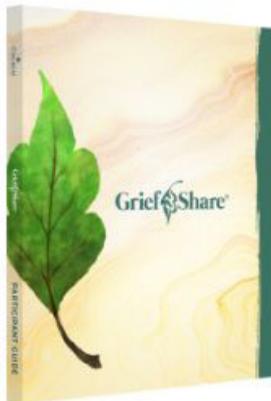
DAY: WEDNESDAYS, WEEKLY

TIME: 6:00-7:30PM

LOCATION: BLUE CLASSROOM @ MHCC

REQUIREMENTS: NONE

NEXT MEETING: FEBRUARY 4



Whether you're experiencing recent loss or seeking support for past grief, this group provides a safe and caring environment to explore your feelings, share your story, and find hope and encouragement in the midst of your grief. Together, we'll navigate the journey of grief and healing using the GriefShare curriculum, learn valuable tools and insights to help us cope with loss and move towards healing and renewed hope. You don't have to go through this journey alone; let's walk through it together.

REST

LEADER: RACHEL HABERMAN

DAY: THURSDAYS, WEEKLY

TIME: 6:30-7:30PM

LOCATION: MHCC (DOWNSTAIRS PRAYER ROOM)

REQUIREMENTS: BIBLE & NOTEBOOK

NEXT MEETING: FEBRUARY 5

DURATION: 4 WEEKS



Hey ladies! Do you want to learn more about resting in God and how that applies to our everyday lives? Take a deep dive into parts of Hebrews, Numbers, Philipians, Matthew and other relevant scriptures.

Group members will discover:

1. A vital aspect of God's kingdom realm.
2. Labor AND rest - really???
3. The secret of the Hebrews 11 "hall of faith" members.
4. What God truly wants from us; and ...

More as we share, pray and grow together over these four weeks. We'll meet in the downstairs prayer room.

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SPIRITUAL WARFARE

LEADERS: SARAH TALBOT &
MARIGAYE BISSELL

DAY: THURSDAY, WEEKLY

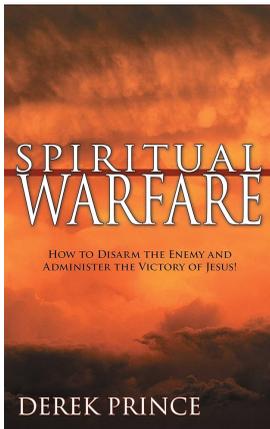
TIME: 6:30-8:00PM

LOCATION: 624 NORTH WARREN STREET

REQUIREMENTS: \$8 BOOK

NEXT MEETING: FEBRUARY 12

DURATION: 6 WEEKS



Are you battle ready? The Bible is clear: we're in a spiritual battle. This discussion-based group uses Derek Prince's "Spiritual Warfare" book to explore what that means in real life. For sisters who are curious, hungry to grow, or sensing that they or someone they love may be facing more than meets the eye. Grounded in scripture—not hype—we'll share honestly and grow confident in our role in God's Army.

WOMEN

FIRST FRIDAYS

LEADERS: SCOTT & ANNETTE FALKOWSKI
DEREK & MEGAN CALVERT

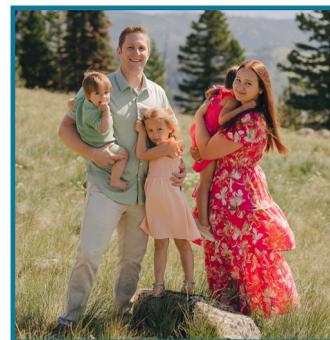
DAY: FRIDAY, MONTHLY

TIME: 6:30-8:00PM

LOCATION: 5785 VULK DRIVE

NEXT MEETING: FEBRUARY 6

DURATION: ONGOING



A relational development small group for those couples looking at getting married, are currently engaged or are newly married. The group will provide fellowship, encouragement, group discussion and reading material.

COUPLES

4

FIRST IMPRESSIONS

LEADER: BOB WAMSLEY

NEEDS: GREETERS, HOSTS

REQUIREMENTS: NONE

SCHEDULE: ONCE PER MONTH



MINISTRY TEAMS

MEN'S MINISTRY

LEADER: BOB WAMSLEY

NEEDS: PRAYER, SMALL GROUP LEADERS,
MENTORS, DISCIPLES, EVENT LOGISTICS

REQUIREMENTS: NONE

SCHEDULE: VARIES



MINISTRY TEAMS

4

WOMEN'S MINISTRY

LEADERS: LYNN STUMBERG &
JOELLEN BARBAGELLO

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: A HEART TO SERVE OTHERS

SCHEDULE: MONTHLY



MINISTRY TEAMS



YOUTH GROUP LEADERSHIP TEAM

LEADER: TIFFANY ROBINSON

NEEDS: CHAPERONES/ASSISTANT LEADERS
FOR MIDDLE AND HIGH SCHOOL GROUPS

REQUIREMENTS: BACKGROUND CHECK

SCHEDULE: WEDNESDAY NIGHTS, WEEKLY

MHCC Youth Group is for students in 6th-12th grades. We meet on Wednesday nights for fun games and practical, relevant Bible teaching. The youth group leaders are passionate about nurturing healthy relationships, empowering, and equipping our youth to follow Christ.

We are always in need of more chaperones/assistant leaders for both high school and middle school age groups. Come and lead a younger generation into the purposes of God!

MINISTRY TEAMS

4

MHCC KIDS

LEADER: NANCY UNDERCOFLER

NEEDS: LEAD TEACHERS, CLASSROOM BREAKOUT LEADERS,
KIDCHECK GREETERS

REQUIREMENTS: APPLICATION, BACKGROUND CHECK

SCHEDULE: EVERY OTHER MONTH



MINISTRY TEAMS



SOUND TEAM

LEADER: RIJO VARGHESE

NEEDS: SOUND TECHNICIANS

SEVERAL WEEKS OF TRAINING

REQUIREMENTS: THURSDAY REHEARSAL, SUNDAY SERVICE,

SCHEDULE: EVENTS, ONCE PER MONTH

MEDIA & VIDEO TEAM

LEADER: JR QUIGLEY

NEEDS: MEDIA TECHS, VIDEO TECHS

REQUIREMENTS: SEVERAL WEEKS OF TRAINING

SCHEDULE: ONCE PER MONTH AT SUNDAY SERVICE,

AS NEEDED FOR SPECIAL EVENTS

MINISTRY TEAMS

4

WORSHIP TEAM

LEADERS: NICK & HANNAH REGUIN

NEEDS: ALL MUSICIANS, VOCALISTS

REQUIREMENTS: APPLICATION, AUDITION

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE, 1-2X MONTHLY



MINISTRY TEAMS

PRAYER TEAM

LEADER: SCOTT FALKOWSKI

NEEDS: SUNDAY MORNING PRAYER WARRIORS

REQUIREMENTS: A PRAYING HEART

SCHEDULE: ONCE PER MONTH





SAFETY TEAM

LEADERS: NATE SCOTT & STEVE LAPP

NEEDS: TEAM MEMBERS

REQUIREMENTS: BACKGROUND CHECK & TRAINING

SCHEDULE: SUNDAYS, 9-11:30AM

MHCC Safety Team is a newly established ministry team that will focus on the overall safety of our family of believers and guests during regularly scheduled services and events. Basic safety and emergency response procedures will be outlined, communicated, and implemented by safety team members in coordination with all other ministry teams.

If you have been looking for a way to get involved and serve at MHCC then we would love to have you join us! Get signed up to help us ensure a safe and secure environment for our families to grow together in our relationship with Jesus.

MINISTRY TEAMS