



MHCC
groups

APRIL 2025

HOW DO I SIGN UP?

SIGN UP ANY OF THESE WAYS:

- ① Online at www.mounthelena.org/groups
- ② In MHCC's mobile app for IOS or Android
- ③ Fill out a card on Sign Up Sunday
- ④ Scan here:



MHCC GROUPS **FUTURE DATES**

If you are interested in MHCC Groups but can't join or lead one at this time, check back in the fall when we'll begin our next group cycle!

Leader Apps Due: September 14th

Menu Release: September 21st

Signup Sunday: September 28th



WHAT ARE MHCC GROUPS?

MHCC Groups are small groups of people who meet regularly to share a common interest, discussion topic, or curriculum.

Mount Helena Community Church is committed to connecting people – both to Jesus and to a community around them. These connections are at the heart of our vision to **build community** and **live the mission**. This vision is carried out in our daily lives and in our gatherings, large and small. Whether a group involves fun activities, serious study, or serving together, each is meant to connect us at MHCC. Understanding the commitment levels can help you find groups that are a good fit for you.

Each group is categorized into one of the following levels, based on time commitment and/or intensity of curriculum:



**MINIMAL
COMMITMENT**

LEVEL 1 groups are casual and light-hearted gatherings designed to get to know people in our community. Members can come and go, and do not necessarily need to RSVP. These groups are based around an activity or shared interest, and there is usually no curriculum or study involved.



**MODERATE
COMMITMENT**

LEVEL 2 groups require a little bit more of you. Members may need to RSVP if the group involves childcare, a meal, or a group activity to coordinate. These groups are based around an interest, activity, or curriculum but can be jumped into at any time. If they miss a week or two, members won't feel as though they've "fallen behind."



HIGH COMMITMENT

LEVEL 3 groups will be pursuing a common interest, or going through a book or curriculum on a specific schedule. Topics of study and activities may be more detailed or challenging than in a level 2 group. Members understand that they need to attend as many of the group gatherings as possible, and should communicate absences to the leader. Members who do not do the reading, or who miss several meetings or activities will fall behind.



MINISTRY TEAMS

LEVEL 4 groups are the ministry teams at MHCC. We believe one of the best ways to get to know people is to serve alongside them. Our teams of volunteers are what make our ministries possible and there is always room for another helping hand! Once you sign up, you will be contacted by a team leader regarding the application, training, and scheduling processes. Feel free to contact a leader before signing up if you have questions about their ministry. If you are already on a team listed, you do not need to sign up again.

WHAT IS THE SCHEDULE?

Each group has its own time, start date, frequency, and duration.

You can find start dates and meeting times in each group description. Groups meet regularly but may take time off due to holidays or other conflicts. Please contact the group leader if you have further questions about when their group meets.



BREAKING BREAD



LEADER: MARIGAYE BISSELL

CONTACT: 406.202.0878

DAY: SUNDAY, WEEKLY

TIME: 11:45AM-1:30PM

LOCATION: VARIOUS RESTAURANTS & HOMES

REQUIREMENTS: COST OF YOUR MEAL

NEXT MEETING: MAY 4

DURATION: ONGOING

This is a gathering for both single adults and couples to enjoy food and fellowship after the service on Sundays. Our meeting location will rotate between local restaurants, homes, and parks as the weather allows with a focus on building relationships and making connections of shared interests. Some weeks will have an activity following lunch, and activity suggestions are welcome. Regular attendance is not required – join us any time!

THE MOM SQUAD

LEADERS: VICTORIA SPARKS-LOWRY
KATHRYN AULT

CONTACT: 406.399.2693 (VICTORIA)
262.909.0161 (KATHRYN)

DAY: WEDNESDAY, WEEKLY

TIME: 9:30-11:30AM

LOCATION: MHCC, TODDLER ROOM

REQUIREMENTS: NONE

NEXT MEETING: APRIL 30

DURATION: ONGOING



This is a perfect opportunity to chat with other moms while the kids get to play together! Come build connections with women in the same season of life. This is a very informal group, and you don't need to show up every week. We'd love for you to join us!



JUNIOR HIGH YOUTH GROUP



LEADERS: TIFFANY ROBINSON,
JONAS & AMY CANNEY

CONTACT: 520.904.1718 (TIFFANY)
406.431.7575 (AMY)

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 6TH-8TH GRADERS

NEXT MEETING: APRIL 30

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

YOUTH

SENIOR HIGH YOUTH GROUP

LEADERS: TAYLOR & HEATHER THORNESS

CONTACT: 406.475.4010 (TAYLOR)
406.202.2349 (HEATHER)

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 9TH-12TH GRADERS

NEXT MEETING: APRIL 30

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.



GRAVEL & GRACE



LEADER: MALLORY JACOBSON

CONTACT: 406.431.3670

DAY: WEDNESDAY, WEEKLY

TIME: 6:00-7:30PM

LOCATION: VARIOUS TRAILHEADS

REQUIREMENTS: NONE

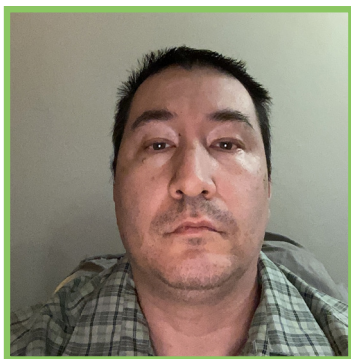
FIRST MEETING: APRIL 30

DURATION: 6 WEEKS

Join us for an encouraging time of hiking, connection, prayer and devotion on the trail. We will meet at various trailheads in the Scratchgravel Hills of Helena. Distances will range from 2-4 miles with moderate ascents and descents.

WOMEN

ARCHERY PRACTICE



LEADER: MICHAEL KITTRELL

CONTACT: 541.990.8736

DAY: SATURDAY, WEEKLY

TIME: 9:00-11:00AM

LOCATION: 6400 HEAD LANE

REQUIREMENTS: NO EQUIPMENT NEEDED,
BUT PREFERRED

FIRST MEETING: MAY 3

DURATION: UNTIL BOW SEASON STARTS

Ready to take aim at new friendships and sharpen your skills for bow hunting season? Join our archery small group! Whether you're a seasoned archer or just curious to try something new, this is a fantastic opportunity to meet others in our church community, enjoy some friendly practice, and prepare for the upcoming hunt. All skill levels are welcome – come connect, learn, and have some fun!



AGAPE



LEADER: SCOTT & ANNETTE FALKOWSKI

CONTACT: 406.439.0142 (SCOTT)

406.417.9949 (ANNETTE)

DAY: VARIES

TIME: TBD

LOCATION: 5785 VULK DRIVE

FIRST MEETING: MAY 1

DURATION: ONGOING THROUGH SUMMER

Our group gathers single young adults to build community, fun memories, and lasting relationships while encouraging each other with God's word. This summer, we will be studying the book of Revelation. We hope you'll join us for what promises to be a remarkable summer together!

SINGLE YOUNG ADULTS

HANDBELL CHOIR

LEADER: MICHAEL KITTRELL

CONTACT: 541.990.8736

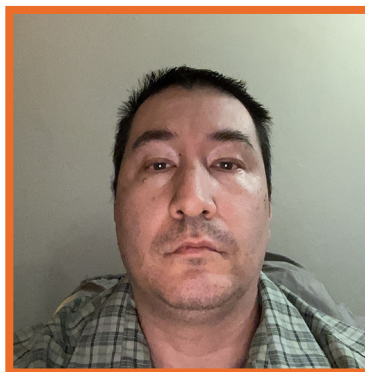
DAY: SUNDAY, WEEKLY

TIME: 8:30-9:30AM

LOCATION: MHCC, PRAYER ROOM

FIRST MEETING: MAY 4

DURATION: THROUGH CHRISTMAS



Join our joyful handbell choir as we prepare for Christmas caroling! We'll be making beautiful music together, primarily focusing on Christmas songs, with some flexibility for other Christian songs as time allows. While some experience with handbells or reading music is helpful, it's definitely not a requirement – just bring a willingness to learn and practice a bit on your own, and we'll create some wonderful music together!



ADULT CO-ED **SOFTBALL**

LEADER: SCOTT & ANNETTE FALKOWSKI

CONTACT: 406.439.0142 (SCOTT)
406.417.9949 (ANNETTE)

DAY: VARIES

TIME: 6:00-9:00PM

LOCATION: HELENA SOFTBALL FIELDS

FIRST MEETING: MAY 5

DURATION: 12 WEEKS



Our co-ed softball team is a fun and welcoming group where we come together through the summer to enjoy some friendly competition and build lasting relationships. Whether you're brand new or a seasoned player, we hope you'll join us!

GOD'S LOVE SHELTER: LUNCH SERVICE

LEADERS: BRANDON FREITAS &
DAVID TRAVIS

CONTACT: 406.594.2166 (BRANDON)
406.439.3857 (DAVID)

DAY: SATURDAY, MONTHLY

TIME: 11:00AM-1:00PM

LOCATION: GOD'S LOVE HOMELESS SHELTER

REQUIREMENTS: NONE

FIRST MEETING: MAY 17

DURATION: ONGOING



We have a service opportunity for you! MHCC is set up to serve lunch at God's Love in Helena on the 3rd Saturday of every month.

This is for adults or youths 10 and up (accompanied by a parent). We encourage anyone who's willing to serve, please contact Brandon and David via text to get on a group email for coordination. There's only space for 5 people per month (the kitchen is small). We'd love to rotate through various people and even encourage families to serve together! Sign up and leave an email address and phone number. We can text you with coordination prior to each month's service day.

ANCHORED

LEADER: HILARY WALD &
LYAN STUMBERG

CONTACT: 406.465.7053 (HILARY)
406.439.1719 (LYNN)

DAY: MONDAY, WEEKLY

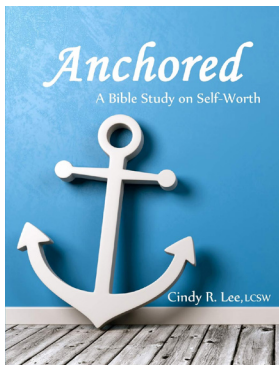
TIME: 6:00-8:00PM

LOCATION: MHCC, PURPLE CLASSROOM

REQUIREMENTS: \$20 FOR BOOK

FIRST MEETING: APRIL 28

DURATION: 10 WEEKS, FLEXIBLE AS SUMMER STARTS



Discover your true worth in Christ with Anchored, a Bible study that guides you through identifying and replacing self-defeating lies with God's truth, leading to lasting behavioral change and deep healing. Based on Cindy R. Lee's clinical experience in trauma counseling and her biblical understanding, Anchored is for those who seek deep lasting change and are willing to face the truth to obtain it.

CONQUER SERIES

LEADER: TAYLOR BAUER

CONTACT: 253.223.9839 (TAYLOR)

DAY: MONDAY, WEEKLY

TIME: 7:00-9:00PM

LOCATION: MHCC, BLUE CLASSROOM

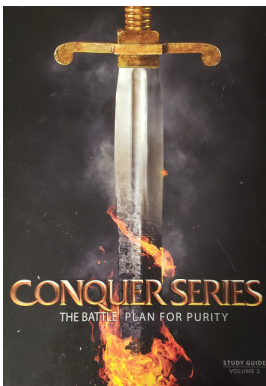
REQUIREMENTS: CONQUER SERIES

STUDY GUIDE: VOL 1 & 2

CONQUER SERIES JOURNAL (\$50)

FIRST MEETING: MAY 5

DURATION: 10 WEEKS



The Conquer Series is a powerful cinematic study that is transforming the lives of men all over the world. These action-packed volumes contain biblical teachings and proven principles to help men walk with purity and freedom in Christ!

FLOOD AND FURY

LEADER: MICHAEL KLAASSEN

CONTACT: 406.876.1456

DAY: TUESDAY, WEEKLY

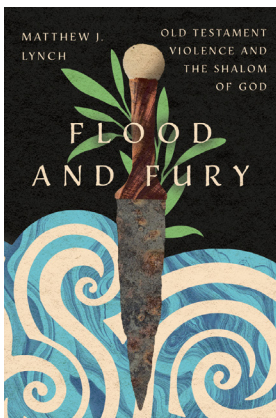
TIME: 6:30-8:00PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: FLOOD AND FURY BY
MATTHEW J. LYNCH

FIRST MEETING: MAY 13

DURATION: 7 WEEKS



The violence in the Old Testament can be a challenging aspect of Scripture for many Christians to deal with. On one hand, Jesus calls us to love our enemies and reject vengeance. On the other, the Bible depicts seemingly brutal acts of violence attributed to God or His people. What are we to make of this?

In Flood and Fury, Old Testament scholar Matthew J. Lynch seeks to address this difficulty by exploring the ancient context of the flood and conquest narratives, revealing deeper theological insights, and ultimately strengthening our faith in the goodness of God.

DISCOVER TRACK

LEADER: BRANDON FREITAS

CONTACT: 406.594.2166

DAY: TUESDAY, WEEKLY

TIME: 6:30-8:00PM

LOCATION: MHCC, GREEN CLASSROOM

REQUIREMENTS: \$25 FOR ONLINE ASSESSMENT,
BIBLE

FIRST MEETING: APRIL 29

DURATION: 7 WEEKS



We want you to discover God's design and purpose for your life! Discover who God made you to be. Why are you here? Where do you fit in? What can you do to make a lasting difference in your life and the lives of others? Jesus was connected to His calling and so should we! Please consider joining this 5-lesson class (over 7 weeks) and discover how God made you to fulfill your purpose in His Kingdom!

Lesson 1: How God Made You

Lesson 2: Personalities

Lesson 3: Spiritual Gifts

Lesson 4: Strengths

Lesson 5: Life Experiences & Launching



FIRST IMPRESSIONS

LEADER: BOB WAMSLEY

CONTACT: 702.400.6182

wammer229@hotmail.com

NEEDS: GREETERS, HOSTS

REQUIREMENTS: NONE

SCHEDULE: ONCE PER MONTH



MINISTRY TEAMS

MEN'S MINISTRY

LEADER: BOB WAMSLEY

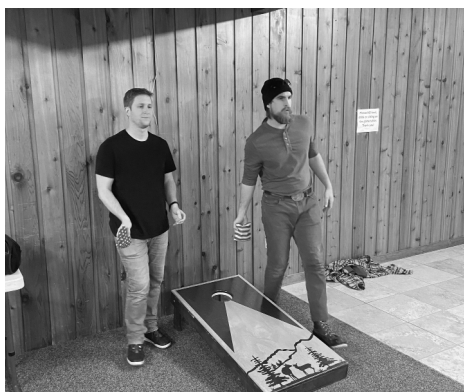
CONTACT: 702.400.6182

wammer229@hotmail.com

NEEDS: PRAYER, SMALL GROUP LEADERS,
MENTORS, DISCIPLES, EVENT LOGISTICS

REQUIREMENTS: NONE

SCHEDULE: VARIES



MINISTRY TEAMS



WOMEN'S MINISTRY

LEADERS: LYNN STUMBERG &
JOELLEN BARBAGELLO

CONTACT: 406.439.1719 (LYNN)
406.457.7670 (JOELLEN)

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: A HEART TO SERVE OTHERS

SCHEDULE: MONTHLY



MINISTRY TEAMS



YOUTH GROUP LEADERSHIP TEAM

LEADERS: TIFFANY ROBINSON

CONTACT: 520.904.1718

robinsonranch@msn.com

NEEDS: CHAPERONES/ASSISTANT LEADERS

FOR MIDDLE AND HIGH SCHOOL GROUPS

REQUIREMENTS: BACKGROUND CHECK

SCHEDULE: WEDNESDAY NIGHTS, WEEKLY

MHCC Youth Group is for students in 6th-12th grades. We meet on Wednesday nights for fun games and practical, relevant Bible teaching. The youth group leaders are passionate about nurturing healthy relationships, empowering, and equipping our youth to follow Christ.

We are always in need of more chaperones/assistant leaders for both high school and middle school age groups. Come and lead a younger generation into the purposes of God!

MINISTRY TEAMS

MHCC KIDS

LEADERS: NANCY UNDERCOFLER

CONTACT: 724.766.2009

NEEDS: LEAD TEACHERS, CLASSROOM BREAKOUT LEADERS,
KIDCHECK GREETERS

REQUIREMENTS: APPLICATION, BACKGROUND CHECK

SCHEDULE: EVERY OTHER MONTH



MINISTRY TEAMS

SOUND TEAM

LEADER: RIJO VARGHESE

CONTACT: 404.838.6952

NEEDS: SOUND TECHNICIANS

REQUIREMENTS: SEVERAL WEEKS OF TRAINING

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE,
EVENTS, ONCE PER MONTH

MEDIA & VIDEO TEAM

LEADERS: JR QUIGLEY

CONTACT: 406.461.8154

jrquigley@mounthelena.org

NEEDS: MEDIA TECHS, VIDEO TECHS

REQUIREMENTS: SEVERAL WEEKS OF TRAINING

SCHEDULE: ONCE PER MONTH AT SUNDAY SERVICE,
AS NEEDED FOR SPECIAL EVENTS

WORSHIP TEAM

LEADER: NICK & HANNAH REGUIN

CONTACT: 406.461.0834 (NICK)

406.422.6274 (HANNAH)

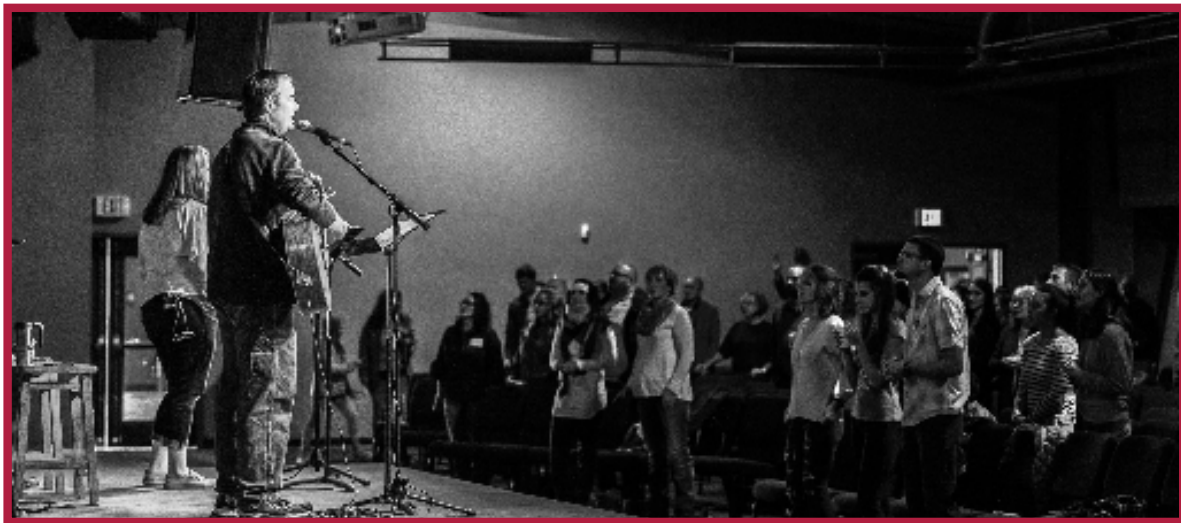
nreguinchurchstuff@gmail.com

hreguin@gmail.com

NEEDS: ALL MUSICIANS, VOCALISTS

REQUIREMENTS: APPLICATION, AUDITION

SCHEDULE: THURSDAY REHEARSAL, SUNDAY
SERVICE, 1-2X MONTHLY



MINISTRY TEAMS



PRAYER TEAM

LEADER: SCOTT FALKOWSKI

CONTACT: 406.439.0142

scott@mounthelena.org

NEEDS: SUNDAY MORNING PRAYER WARRIORS

REQUIREMENTS: A PRAYING HEART

SCHEDULE: ONCE PER MONTH

MINISTRY TEAMS

