



MHCC
groups

FEBRUARY 2025

HOW DO I SIGN UP?

SIGN UP ANY OF THESE WAYS:

- ① Online at www.mounthelena.org/groups
- ② In MHCC's mobile app for IOS or Android
- ③ Fill out a card on Sign Up Sunday
- ④ Click on the QR code below:



MHCC GROUPS FUTURE DATES

If you are interested in MHCC Groups but can't join or lead one at this time, check back in the fall when we'll begin our next group cycle!

Leader Apps Due: September 14th
Menu Release: September 21st
Signup Sunday: September 28th



WHAT ARE MHCC GROUPS?

MHCC Groups are small groups of people who meet regularly to share a common interest, discussion topic, or curriculum.

Mount Helena Community Church is committed to connecting people – both to Jesus and to a community around them. These connections are at the heart of our vision to **build community** and **live the mission**. This vision is carried out in our daily lives and in our gatherings, large and small. Whether a group involves fun activities, serious study, or serving together, each is meant to connect us at MHCC. Understanding the levels can help you find groups that are a good fit for you.

Each group is categorized into one of the following levels, based on time commitment and/or intensity of curriculum:



**MINIMAL
COMMITMENT**

LEVEL 1 groups are casual and light-hearted gatherings designed to get to know people in our community. Members can come and go, and do not necessarily need to RSVP. These groups are based around an activity or shared interest, and there is usually no curriculum or study involved.



**MODERATE
COMMITMENT**

LEVEL 2 groups require a little bit more of you. Members may need to RSVP if the group involves childcare, a meal, or a group activity to coordinate. These groups are based around an interest, activity, or curriculum but can be jumped into at any time. If they miss a week or two, members won't feel as though they've "fallen behind."



**HIGH
COMMITMENT**

LEVEL 3 groups will be pursuing a common interest, or going through a book or curriculum on a specific schedule. Topics of study and activities may be more detailed or challenging than in a level 2 group. Members understand that they need to attend as many of the group gatherings as possible, and should communicate absences to the leader. Members who do not do the reading, or who miss several meetings or activities will fall behind.



MINISTRY TEAMS

LEVEL 4 groups are the ministry teams at MHCC. We believe one of the best ways to get to know people is to serve alongside them. Our teams of volunteers are what make our ministries possible and there is always room for another helping hand! Once you sign up, you will be contacted by a team leader regarding the application, training, and scheduling processes. Feel free to contact a leader before signing up if you have questions about their ministry. If you are already on a team listed, you do not need to sign up again.

IMPORTANT INFORMATION

Due to security and privacy concerns, group leader contact information can only be found through myMHCC, in the printed versions of the groups menu, or by contacting MHCC office staff.

WHAT IS THE SCHEDULE?

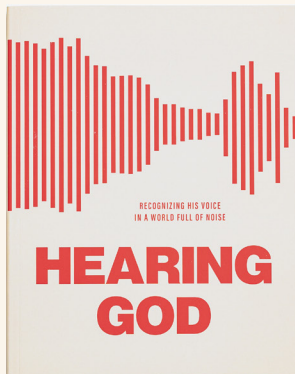
Each group has its own time, start date, frequency, and duration.

You can find start dates and meeting times in each group description. Groups meet regularly but may take time off due to holidays or other conflicts. Please contact the group leader if you have further questions about when their group meets.

HEARING GOD

It can be hard to figure out what God's speaking to us in the midst of the busyness and chaos. That's why we are hosting HEARING GOD groups in addition to our usual small groups this winter. These groups will meet weekly for 10 weeks and go through the HEARING GOD workbook together in tandem with our sermons on Sunday to explore principles of growth from Scripture. You can grab a copy of the workbook in the MHCC lobby.

Please note: Some HEARING GOD groups may reach capacity early. Because of this, we are asking that you **list your top 3 group preferences when signing up**, that way everyone can find a group that fits their schedule.



SERIES SCHEDULE:

Intro 1 - January 26th: God Speaks

Week 1 - February 9th: His Word

Week 2 - February 16th: Patterns & Principles

Week 3 - February 23rd: The Holy Spirit

Week 4 - March 2nd: Trusted Voices

Week 5 - March 9th: The Prophetic Part 1

Week 6 - March 16th: The Prophetic Part 2

Week 7 - March 23rd: Conscience/Inner Witness

Week 8 - March 30th: Events In Our Lives

Bonus Week - April 6th: Dr. Clem Ferris

Bonus Week - April 13th: Stewarding The Prophetic



LEADERS: SUE PASINI

CONTACT: CONTACT MHCC OFFICE

DAY: SUNDAY

TIME: 11:30-1:00PM

LOCATION: MHCC, BLUE CLASSROOM

FIRST MEETING: FEBRUARY 9



LEADERS: JOSHUA BARBAGELLO

CONTACT: CONTACT MHCC OFFICE

DAY: SUNDAY

TIME: 11:30-1:00PM

LOCATION: MHCC, YOUTH AREA

FIRST MEETING: FEBRUARY 9

DEMOGRAPHIC: HIGH SCHOOL YOUTH



LEADERS: RUSSELL & CHERI FRUITS

CONTACT: CONTACT MHCC OFFICE

DAY: MONDAY

TIME: 6:00-7:30PM

LOCATION: MHCC, GREEN CLASSROOM

FIRST MEETING: FEBRUARY 10



LEADERS: JASON & REBEKAH HARRIS

CONTACT: CONTACT MHCC OFFICE

DAY: MONDAY

TIME: 6:30-8:00PM

LOCATION: 1730 LOCKEY AVE

FIRST MEETING: FEBRUARY 10



LEADERS: JEREMY & MALLORY JACOBSON

CONTACT: CONTACT MHCC OFFICE

DAY: MONDAY

TIME: 6:30-8:00PM

LOCATION: VARIOUS

FIRST MEETING: FEBRUARY 10



LEADERS: BOB & MARGARET WAMSLEY

CONTACT: CONTACT MHCC OFFICE

DAY: TUESDAY

TIME: 6:00-7:30PM

LOCATION: 1264 LANDMARK DR

FIRST MEETING: FEBRUARY 11



LEADERS: NICK & HANNAH REGUIN

CONTACT: CONTACT MHCC OFFICE

DAY: TUESDAY

TIME: 6:30-8:00PM

LOCATION: 1426 BOULDER AVE

FIRST MEETING: FEBRUARY 11

DEMOGRAPHIC: WORSHIP TEAM MEMBERS



LEADERS: TAYLOR & KATELYN BAUER

CONTACT: CONTACT MHCC OFFICE

DAY: TUESDAY

TIME: 6:00-7:30PM

LOCATION: 4660 INDEPENDENCE DR

FIRST MEETING: FEBRUARY 11

DEMOGRAPHIC: YOUNG FAMILIES



LEADERS: JR & JANNY QUIGLEY

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY

TIME: 6:30-8:00PM

LOCATION: 13 BEARPAW TRAIL (CLANCY)

FIRST MEETING: FEBRUARY 12



LEADERS: CHUCK & KIM BALLARD

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY

TIME: 7:00-8:30PM

LOCATION: 285 JACKSON CREEK RD (CLANCY)

FIRST MEETING: FEBRUARY 12

DEMOGRAPHIC: COUPLES



LEADERS: BRANDON & LEA FREITAS

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY, BI-WEEKLY

TIME: 6:30-8:00PM

LOCATION: 1170 ORION RD

FIRST MEETING: FEBRUARY 12

DEMOGRAPHIC: COUPLES



LEADERS: RENEE RASMUSSEN &

LYNN STUMBERG

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY

TIME: 6:30-8:00PM

LOCATION: MHCC, PURPLE CLASSROOM

FIRST MEETING: FEBRUARY 12TH

DEMOGRAPHIC: WOMEN ONLY

DURATION: 6 WEEKS





LEADERS: DEREK & MEGAN CALVERT

CONTACT: 406.202.4911 (DEREK)
406.202.4175 (MEGAN)

DAY: THURSDAY

TIME: 6:30-8:00PM

LOCATION: MHCC, BLUE CLASSROOM

FIRST MEETING: FEBRUARY 13

DEMOGRAPHIC: YOUNG ADULTS (18-35)



LEADERS: SCOTT & ANNETTE FALKOWSKI,
BOWMAN DAVIS

CONTACT: 406.439.0142 (SCOTT)
406.417.9949 (ANNETTE)
843.321.5264 (BOWMAN)

DAY: THURSDAY

TIME: 6:30-8:00PM

LOCATION: 5785 VULK DR

FIRST MEETING: FEBRUARY 13

DEMOGRAPHIC: YOUNG ADULT SINGLES



LEADERS: JEN REBO,

AARON & LEAH SCHWABAUER

CONTACT: CONTACT MHCC OFFICE

DAY: SATURDAY

TIME: 10:00-11:30AM

LOCATION: MHCC, LOBBY

FIRST MEETING: FEBRUARY 15

DURATION: 6 WEEKS



BREAKING BREAD



LEADER: MARIGAYE BISSELL

CONTACT: CONTACT MHCC OFFICE

DAY: SUNDAY, WEEKLY

TIME: 11:45AM-1:30PM

LOCATION: VARIOUS RESTAURANTS & HOMES

REQUIREMENTS: COST OF YOUR MEAL

NEXT MEETING: FEBRUARY 9

DURATION: ONGOING

This is a gathering for both single adults and couples to enjoy food and fellowship after the service on Sundays. Our meeting location will rotate between local restaurants, homes, and parks as the weather allows with a focus on building relationships and making connections of shared interests. Some weeks will have an activity following lunch, and activity suggestions are welcome. Regular attendance is not required - join us any time!

THE MOM SQUAD

LEADER: KATHRYN AULT &
VICTORIA SPARKS-LOWRY

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY, WEEKLY

TIME: 9:30-11:30AM

LOCATION: MHCC, TODDLER CLASSROOM

REQUIREMENTS: NONE

NEXT MEETING: FEBRUARY 5

DURATION: ONGOING



This is a perfect opportunity to chat with other moms while the kids get to play together! Come build connections with women in the same season of life. This is a very informal group, and you don't need to show up every week. We'd love for you to join us!

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JUNIOR HIGH YOUTH GROUP



LEADERS: TIFFANY ROBINSON,
JONAS & AMY CANNEY

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 6TH-8TH GRADERS

NEXT MEETING: FEBRUARY 5

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

YOUTH

SENIOR HIGH YOUTH GROUP

LEADERS: TAYLOR & HEATHER THORNESS

CONTACT: CONTACT MHCC OFFICE

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 9TH–12TH GRADERS

NEXT MEETING: FEBRUARY 5

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.



ADULT CO-ED SOFTBALL

LEADERS: SCOTT & ANNETTE FALKOWSKI

CONTACT: CONTACT MHCC OFFICE

DAY: SCHEDULE VARIES

TIME: 6:00-9:00PM

LOCATION: HELENA SOFTBALL FIELDS

REQUIREMENTS: \$65 (NO EQUIPMENT NEEDED,
BUT PREFERRED)

FIRST MEETING: MAY 20

DURATION: 12 WEEKS



Our co-ed softball team is a fun and welcoming group where we come together through the summer to enjoy some friendly competition and build lasting relationships. Whether you're brand new or a seasoned player, we hope you'll join us!

MEN'S SOFTBALL

LEADERS: SCOTT FALKOWSKI

CONTACT: CONTACT MHCC OFFICE

DAY: SCHEDULE VARIES

TIME: 6:00-9:00PM

LOCATION: HELENA SOFTBALL FIELDS

REQUIREMENTS: \$65 (NO EQUIPMENT NEEDED,
BUT PREFERRED)

FIRST MEETING: MAY 22

DURATION: 12 WEEKS



The men's softball team is a great opportunity to gather through the summer to build friendships with other men while enjoying some friendly competition. Whether you're brand new or a seasoned player, we hope you'll join us!



GOD'S LOVE SHELTER: LUNCH SERVICE

LEADERS: BRANDON FREITAS &
DAVID TRAVIS

CONTACT: CONTACT MHCC OFFICE

DAY: SATURDAY, MONTHLY

TIME: 11:00AM-1:00PM

LOCATION: GOD'S LOVE HOMELESS SHELTER

REQUIREMENTS: NONE

FIRST MEETING: FEBRUARY 15

DURATION: ONGOING

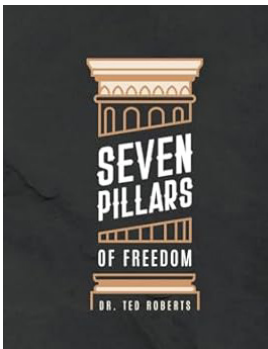


We have a service opportunity for you! MHCC is set up to serve lunch at God's Love in Helena on the 3rd Saturday of every month.

This is for adults or youths 10yo and up (accompanied by a parent). We encourage anyone who's willing to serve, please contact Brandon and David via text to get on a group email for coordination. There's only space for 5 people per month (the kitchen is small). We'd love to rotate through various people and even encourage families to serve together! Sign up and leave an email address and phone # we can text you with for coordination prior to each month's service day.

SEVEN PILLARS OF FREEDOM

LEADER: TAYLOR BAUER
CONTACT: CONTACT MHCC OFFICE
DAY: MONDAY, WEEKLY
TIME: 7:00-9:00PM
LOCATION: MHCC, BLUE CLASSROOM
REQUIREMENTS: SEVEN PILLARS OF FREEDOM
KIT (\$80)
FIRST MEETING: FEBRUARY 5
DURATION: 40 WEEKS



Come begin your recovery from unwanted sexual behavior with a trusted group of men on the same journey. Seven Pillars of Freedom will help you understand your whole story and identify what contributes to your sexual brokenness. By embarking on Seven Pillars' guided lessons and engaging with a supportive community, you'll acquire the tools to mend your relationships, reclaim your purity, and find freedom in Christ.

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GRIEF SHARE

LEADER: GENICE GILREATH-CONE

CONTACT: CONTACT MHCC OFFICE

DAY: FRIDAYS, WEEKLY

TIME: 12:00-1:30PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: NONE

FIRST MEETING: FEBRUARY 28

DURATION: 13 WEEKS



Whether you're experiencing recent loss or seeking support for past grief, this group provides a safe and caring environment to explore your feelings, share your story, and find hope and encouragement in the midst of your grief. Together, we'll navigate the journey of grief and healing using the GriefShare curriculum, learn valuable tools and insights to help us cope with loss and move towards healing and renewed hope. You don't have to go through this journey alone; let's walk through it together.

FIRST IMPRESSIONS

LEADERS: BOB WAMSLEY

CONTACT: CONTACT MHCC OFFICE

NEEDS: GREETERS, HOSTS

REQUIREMENTS: NONE

SCHEDULE: ONCE PER MONTH





MEN'S MINISTRY

LEADER: BOB WAMSLEY

CONTACT: CONTACT MHCC OFFICE

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: NONE

SCHEDULE: VARIES



MINISTRY TEAMS

WOMEN'S MINISTRY

LEADERS: LYNN STUMBERG, JOELLEN BARBAGELLO

CONTACT: CONTACT MHCC OFFICE

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: A HEART TO SERVE OTHERS

SCHEDULE: MONTHLY



MHCC KIDS

LEADERS: NANCY UNDERCOFLER

CONTACT: CONTACT MHCC OFFICE

NEEDS: LEAD TEACHERS, CLASSROOM BREAKOUT LEADERS,
KIDCHECK GREETERS

REQUIREMENTS: APPLICATION, BACKGROUND CHECK

SCHEDULE: EVERY OTHER MONTH





YOUTH GROUP LEADERSHIP TEAM

LEADERS: TIFFANY ROBINSON

CONTACT: CONTACT MHCC OFFICE

NEEDS: CHAPERONES/ASSISTANT LEADERS
FOR MIDDLE AND HIGH SCHOOL GROUPS

REQUIREMENTS: BACKGROUND CHECK

SCHEDULE: WEDNESDAY NIGHTS, WEEKLY

MHCC Youth Group is for students in 6th-12th grades. We meet on Wednesday nights for fun games and practical, relevant bible teaching. The youth group leaders are passionate about nurturing healthy relationships, empowering, and equipping our youth to follow Christ.

We are always in need of more chaperones/assistant leaders for both high school and middle school age groups. Come and lead a younger generation into the purposes of God!

MINISTRY TEAMS



SOUND TEAM

- LEADER:** RIJO VARGHESE
CONTACT: CONTACT MHCC OFFICE
NEEDS: SOUND TECHNICIANS
REQUIREMENTS: SEVERAL WEEKS OF TRAINING
SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE, EVENTS
ONCE PER MONTH

MEDIA & VIDEO TEAM

- LEADERS:** JR QUIGLEY
CONTACT: 406.461.8154
jrquigley@mounthelena.org
NEEDS: MEDIA TECHS, VIDEO TECHS
REQUIREMENTS: SEVERAL WEEKS OF TRAINING
SCHEDULE: ONCE PER MONTH AT SUNDAY SERVICE, AS NEEDED FOR
SPECIAL EVENTS

WORSHIP TEAM

LEADER: NICK & HANNAH REGUIN

CONTACT: 406.461.0834 (NICK) 406.422.6274 (HANNAH)

nreguin@aol.com

hreguin@gmail.com

NEEDS: ALL MUSICIANS, VOCALISTS

REQUIREMENTS: APPLICATION, AUDITION

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE,
1-2X MONTHLY

