



MHCC
groups

APRIL 2024



WHAT ARE MHCC GROUPS?

MHCC Groups are small groups of people who meet regularly to share a common interest, discussion topic, or curriculum.

Mount Helena Community Church is committed to connecting people – both to Jesus and to a community around them. These connections are at the heart of our vision to **build community** and **live the mission**. This vision is carried out in our daily lives and in our gatherings, large and small. Whether a group involves fun activities, serious study, or serving together, each is meant to connect us at MHCC. Understanding the levels can help you find groups that are a good fit for you.

Each group is categorized into one of the following levels, based on time commitment and/or intensity of curriculum:



MINIMAL COMMITMENT

LEVEL 1 groups are casual and light-hearted gatherings designed to get to know people in our community. Members can come and go, and do not necessarily need to RSVP. These groups are based around an activity or shared interest, and there is usually no curriculum or study involved.



MODERATE COMMITMENT

LEVEL 2 groups require a little bit more of you. Members may need to RSVP if the group involves childcare, a meal, or a group activity to coordinate. These groups are based around an interest, activity, or curriculum but can be jumped into at any time. If they miss a week or two, members won't feel as though they've "fallen behind."



HIGH COMMITMENT

LEVEL 3 groups will be pursuing a common interest, or going through a book or curriculum on a specific schedule. Topics of study and activities may be more detailed or challenging than in a level 2 group. Members understand that they need to attend as many of the group gatherings as possible, and should communicate absences to the leader. Members who do not do the reading, or who miss several meetings or activities will fall behind.



MINISTRY TEAMS

LEVEL 4 groups are the ministry teams at MHCC. We believe one of the best ways to get to know people is to serve alongside them. Our teams of volunteers are what make our ministries possible and there is always room for another helping hand! Once you sign up, you will be contacted by a team leader regarding the application, training, and scheduling processes. Feel free to contact a leader before signing up if you have questions about their ministry. If you are already on a team listed, you do not need to sign up again.

IMPORTANT INFORMATION

Due to security and privacy concerns, group leader contact information can only be found through myMHCC, in the printed versions of the groups menu, or by contacting MHCC office staff.

WHAT IS THE SCHEDULE?

Each group has its own time, start date, frequency, and duration.

You can find start dates and meeting times in each group description. Groups meet regularly but may take time off due to holidays or other conflicts. Please contact the group leader if you have further questions about when their group meets.



JUNIOR HIGH YOUTH GROUP



LEADERS: TIFFANY ROBINSON,
JONAS & AMY CANNEY

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY, WEEKLY

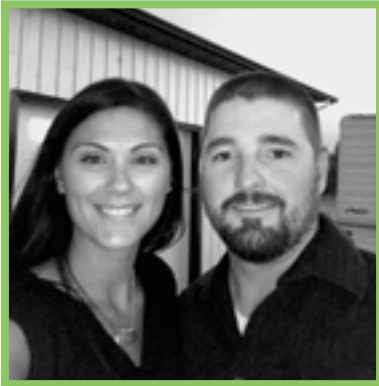
TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 6TH-8TH GRADERS

NEXT MEETING: APRIL 10

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

YOUTH

SENIOR HIGH YOUTH GROUP

LEADERS: TAYLOR THORNESS

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 9TH–12TH GRADERS

NEXT MEETING: APRIL 10

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.



MOMMY MEET UP

LEADER: KATHRYN AULT

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY. WEEKLY

TIME: 9:00-11:00AM

LOCATION: MHCC

REQUIREMENTS: NONE

NEXT MEETING: APRIL 10

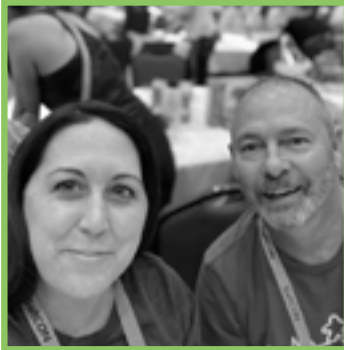
DURATION: ONGOING



This is a time for moms to build community and do this parenting of littles together. Having little people can keep us isolated, but life is much better when we come together. I would encourage you to come bring your littles from ages 0-5 for a play date and enjoy the company of other moms!

WOMEN

GAME NIGHT



LEADER: JOE & MELISSA HAYES,
RUSSELL & CHERI FRUITS

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: FRIDAY, EVERY OTHER WEEK

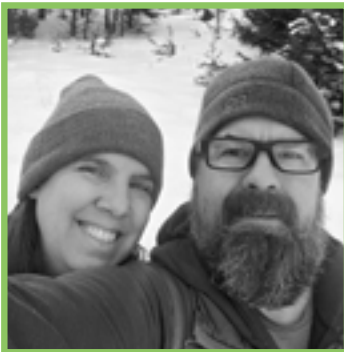
TIME: 6:00-9:30PM

LOCATION: MHCC

REQUIREMENTS: NONE

FIRST MEETING: MAY 3

DURATION: ONGOING



This potluck-style game night is available for anyone and everyone! Whether you're a seasoned board game enthusiast, a newcomer, or you just want to hang out with some friends, we hope you'll join us.



BREAKING BREAD



LEADER: MARIGAYE BISSELL

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: SUNDAY, WEEKLY

TIME: 11:30AM-1:30PM

LOCATION: VARIOUS RESTAURANTS & HOMES

REQUIREMENTS: COST OF YOUR MEAL

NEXT MEETING: APRIL 14

DURATION: ONGOING

This is a gathering for both single adults and couples to enjoy food and fellowship after the service on Sundays. Our meeting location will rotate between local restaurants, homes, and parks as the weather allows with a focus on building relationships and making connections of shared interests. Some weeks will have an activity following lunch, and activity suggestions are welcome. Regular attendance is not required - join us any time!

HIIKE & SHINE



LEADER: MALLORY JACOBSON

CONTACT: CONTACT OFFICE STAFF

DAY: TUESDAY, WEEKLY

TIME: 6:30-7:30AM

LOCATION: VARIOUS TRAILHEADS

REQUIREMENTS: ICE CLEATS (WEATHER DEPENDENT)

FIRST MEETING: APRIL 16

DURATION: 6 WEEKS



Come Hike & Shine as we start our day on various hikings trails in the Scratchgravel Hills on the west side of the Helena Valley. Trails will vary in length from 2-4 miles and difficulty ranging from easy to intermediate intensity. Come alongside other women of MHCC and start your day with God and us on the mountain. You can expect encouragement, prayer, comraderie, and some new trail ideas!



YOUNG ADULT BIBLE TALK

LEADERS: DEREK & MEGAN CALVERT

CONTACT: CONTACT OFFICE STAFF

DAY: THURSDAY, WEEKLY

TIME: 6:30-7:30PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: BIBLE

NEXT MEETING: APRIL 11

DURATION: ONGOING



If you're looking for an opportunity to get into God's Word without too much pressure, this group will be a good fit for you! We will have a short 30-minute discussion based around one scripture or story in the Bible. Afterwards, we'll have some time to hang out and get to know each other better. This group is for any adult between the ages of 20-35, whether you're single, dating, or married. Even if you're a little younger or older than those ages but would still like to be in the group, we'd love to have you!

YOUNG ADULTS

SEVEN PILLARS OF FREEDOM

LEADER: JOE HAYES & TAYLOR BAUER

CONTACT: CONTACT OFFICE STAFF

DAY: MONDAY, WEEKLY

TIME: 7:00-9:00PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: SEVEN PILLARS OF FREEDOM
KIT (\$80)

FIRST MEETING: APRIL 29

DURATION: 40 WEEKS



Come begin your recovery from unwanted sexual behavior with a trusted group of men on the same journey. Seven Pillars of Freedom will help you understand your whole story and identify what contributes to your sexual brokenness. By embarking on Seven Pillars' guided lessons and engaging with a supportive community, you'll acquire the tools to mend your relationships, reclaim your purity, and find freedom in Christ.

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CONQUER SERIES

LEADER: NATE SOLBERG

CONTACT: CONTACT OFFICE STAFF

DAY: TUESDAY, WEEKLY

TIME: 7:00-9:00PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: CONQUER SERIES STUDY
GUIDE: VOL. 1 & 2 & CONQUER
SERIES JOURNAL (\$55)

FIRST MEETING: APRIL 23

DURATION: 10 WEEKS



The Conquer Series is a powerful cinematic study that is transforming the lives of men all over the world. These action-packed volumes contain biblical teachings and proven principles to help men walk with purity and freedom in Christ!

MEN

ACTIVATION: STRENGTHS & GIFTS



LEADERS: BRANDON FREITAS

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: TUESDAY, WEEKLY

TIME: 6:30-7:45PM

LOCATION: MHCC

REQUIREMENTS: \$20 FOR ONLINE ASSESSMENT, BIBLE

FIRST MEETING: APRIL 16

DURATION: 7 WEEKS

We want to build our lives to be more like Jesus! Jesus was connected to God, connected to people, and connected to His calling. Activation helps us understand what our personalities, spiritual gifts, and strengths are and how each person connects with the mission of the Church. We will also cover how our life experiences makes us uniquely designed and equipped to carry out a specific mission in building the Kingdom of God!

CAPTIVATING

LEADER: AURORA TALBOT

CONTACT: CONTACT OFFICE STAFF

DAY: SATURDAY, WEEKLY

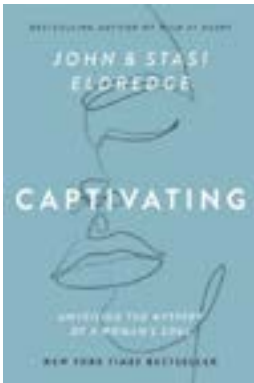
TIME: 9:30-11:00AM

LOCATION: CONTACT OFFICE STAFF

REQUIREMENTS: CAPTIVATING BOOK (\$12)
STUDY GUIDE (\$9, OPTIONAL)

FIRST MEETING: APRIL 13

DURATION: 7 WEEKS



What *Wild at Heart* does for men, John & Stasi Eldredge's *Captivating* does for women, setting their hearts free to take hold of their original design. Join us as we rediscover the powerful, tender, fierce, and often misunderstood femininity God created in us.

While this group is focused on femininity, it's open to both men and women of all ages to learn and grow together.

FIRST IMPRESSIONS

LEADERS: BOB WAMSLEY

CONTACT: 702.400.6182

wammer229@hotmail.com

NEEDS: GREETERS, HOSTS

REQUIREMENTS: NONE

SCHEDULE: ONCE PER MONTH





MEN'S MINISTRY

LEADERS BOB WAMSLEY

CONTACT: 702.400.6182

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: NONE

SCHEDULE: VARIES



MINISTRY TEAMS

WOMEN'S MINISTRY

LEADERS: LYNN STUMBERG, JOELLEN BARBAGELLO, &
MELISSA HAYES

CONTACT: 406.439.1719 (LYNN), 406.457.7670 (JOELLEN)
406.980.1287 (MELISSA)

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: A HEART TO SERVE OTHERS

SCHEDULE: MONTHLY





MHCC KIDS

LEADERS: JULIE SWANSON

CONTACT: 406.461.7486 (JULIE)

NEEDS: LEAD TEACHERS, CLASSROOM BREAKOUT LEADERS,
KIDCHECK GREETERS

REQUIREMENTS: APPLICATION, BACKGROUND CHECK

SCHEDULE: EVERY OTHER MONTH



MINISTRY TEAMS



YOUTH GROUP LEADERSHIP TEAM

LEADERS: TIFFANY ROBINSON

CONTACT: 520.904.1718

robinsonranch@msn.com

NEEDS: CHAPERONES/ASSISTANT LEADERS
FOR MIDDLE AND HIGH SCHOOL GROUPS

REQUIREMENTS: BACKGROUND CHECK

SCHEDULE: WEDNESDAY NIGHTS, WEEKLY

MHCC Youth Group is for students in 6th-12th grades. We meet on Wednesday nights for fun games and practical, relevant bible teaching. The youth group leaders are passionate about nurturing healthy relationships, empowering, and equipping our youth to follow Christ.

We are always in need of more chaperones/assistant leaders for both high school and middle school age groups. Come and lead a younger generation into the purposes of God!

MINISTRY TEAMS



SOUND TEAM

- LEADER:** NICK AND HANNAH REGUIN
- CONTACT:** 406.461.0834 (NICK) 406.422.6274 (HANNAH)
nick@mounthelena.org
hreguin@gmail.com
- NEEDS:** SOUND TECHNICIANS
- REQUIREMENTS:** SEVERAL WEEKS OF TRAINING
- SCHEDULE:** THURSDAY REHEARSAL, SUNDAY SERVICE, EVENTS
ONCE PER MONTH

MEDIA & VIDEO TEAM

- LEADERS:** NICK REGUIN
- CONTACT:** 406.461.0834
nick@mounthelena.org
- NEEDS:** MEDIA TECHS, VIDEO TECHS
- REQUIREMENTS:** SEVERAL WEEKS OF TRAINING
- SCHEDULE:** ONCE PER MONTH AT SUNDAY SERVICE, AS NEEDED FOR
SPECIAL EVENTS

WORSHIP TEAM

LEADER: NICK & HANNAH REGUIN

CONTACT: 406.461.0834 (NICK) 406.422.6274 (HANNAH)

nick@mounthelena.org

hreguin@gmail.com

NEEDS: ALL MUSICIANS, VOCALISTS

REQUIREMENTS: APPLICATION, AUDITION

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE,
1-2X MONTHLY



HOW DO I SIGN UP?

SIGN UP ANY OF THESE WAYS:

- ① Online at www.mounthelena.org/groups
- ② In MHCC's mobile app for IOS or Android
- ③ Fill out a card on Sign Up Sunday
- ④ Click on the QR code below:



MHCC GROUPS FUTURE DATES

If you are interested in MHCC Groups but can't join or lead one at this time, check back in the fall when we'll begin our next group cycle!

Leader Apps Due: September 15th

Signup Sunday: September 29th