



MHCC
groups

FEBRUARY 2024



WHAT ARE MHCC GROUPS?

MHCC Groups are small groups of people who meet regularly to share a common interest, discussion topic, or curriculum.

Mount Helena Community Church is committed to connecting people – both to Jesus and to a community around them. These connections are at the heart of our vision to **build community** and **live the mission**. This vision is carried out in our daily lives and in our gatherings, large and small. Whether a group involves fun activities, serious study, or serving together, each is meant to connect us at MHCC. Understanding the levels can help you find groups that are a good fit for you.

Each group is categorized into one of the following levels, based on time commitment and/or intensity of curriculum:



MINIMAL COMMITMENT

LEVEL 1 groups are casual and light-hearted gatherings designed to get to know people in our community. Members can come and go, and do not necessarily need to RSVP. These groups are based around an activity or shared interest, and there is usually no curriculum or study involved.



MODERATE COMMITMENT

LEVEL 2 groups require a little bit more of you. Members may need to RSVP if the group involves childcare, a meal, or a group activity to coordinate. These groups are based around an interest, activity, or curriculum but can be jumped into at any time. If they miss a week or two, members won't feel as though they've "fallen behind."



HIGH COMMITMENT

LEVEL 3 groups will be pursuing a common interest, or going through a book or curriculum on a specific schedule. Topics of study and activities may be more detailed or challenging than in a level 2 group. Members understand that they need to attend as many of the group gatherings as possible, and should communicate absences to the leader. Members who do not do the reading, or who miss several meetings or activities will fall behind.



MINISTRY TEAMS

LEVEL 4 groups are the ministry teams at MHCC. We believe one of the best ways to get to know people is to serve alongside them. Our teams of volunteers are what make our ministries possible and there is always room for another helping hand! Once you sign up, you will be contacted by a team leader regarding the application, training, and scheduling processes. Feel free to contact a leader before signing up if you have questions about their ministry. If you are already on a team listed, you do not need to sign up again.

IMPORTANT INFORMATION

Due to security and privacy concerns, group leader contact information can only be found through myMHCC, in the printed versions of the groups menu, or by contacting MHCC office staff.

WHAT IS THE SCHEDULE?

Each group has its own time, start date, frequency, and duration.

You can find start dates and meeting times in each group description. Groups meet regularly but may take time off due to holidays or other conflicts. Please contact the group leader if you have further questions about when their group meets.



JUNIOR HIGH YOUTH GROUP



LEADERS: TIFFANY ROBINSON,
JONAS & AMY CANNEY

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY, WEEKLY

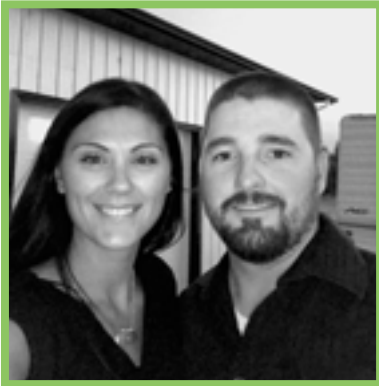
TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 6TH–8TH GRADERS

NEXT MEETING: FEBRUARY 7

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.

YOUTH

SENIOR HIGH YOUTH GROUP

LEADERS: TAYLOR THORNESS

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY, WEEKLY

TIME: 6:45-8:30PM

LOCATION: MHCC

REQUIREMENTS: 9TH–12TH GRADERS

NEXT MEETING: FEBRUARY 7

DURATION: ONGOING



MHCC Youth Groups meet weekly for fellowship and fun, games and activities, lessons and discussion. We desire to nurture, equip, and empower our youth to know Christ and to follow him.



MOMMY MEET UP

LEADER: KATHRYN AULT

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY. WEEKLY

TIME: 9:00-11:00AM

LOCATION: MHCC

REQUIREMENTS: NONE

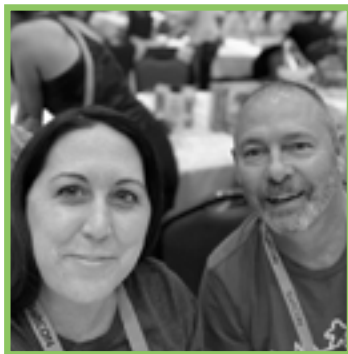
NEXT MEETING: FEBRUARY 7

DURATION: ONGOING



This is a time for moms to build community and do this parenting of littles together. Having little people can keep us isolated, but life is much better when we come together. I would encourage you to come bring your littles from ages 0-5 for a play date and enjoy the company of other moms!

GAME NIGHT



LEADER: JOE & MELISSA HAYES,
RUSSELL & CHERI FRUITS

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: FRIDAY, EVERY OTHER WEEK

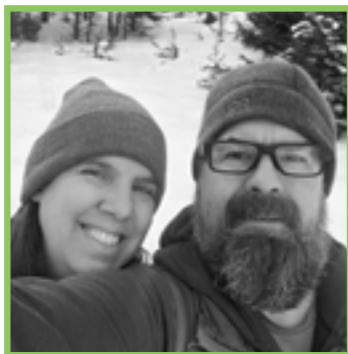
TIME: 6:00-9:30PM

LOCATION: MHCC

REQUIREMENTS: NONE

FIRST MEETING: FEBRUARY 9

DURATION: ONGOING



This potluck-style game night is available for anyone and everyone! Whether you're a seasoned board game enthusiast, a newcomer, or you just want to hang out with some friends, we hope you'll join us.



BREAKING BREAD



LEADER: MARIGAYE BISSELL

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: SUNDAY, WEEKLY

TIME: 11:30AM-1:30PM

LOCATION: VARIOUS RESTAURANTS & HOMES

REQUIREMENTS: COST OF YOUR MEAL

NEXT MEETING: FEBRUARY 11

DURATION: ONGOING

This is a gathering for both single adults and couples to enjoy food and fellowship after the service on Sundays. Our meeting location will rotate between local restaurants, homes, and parks as the weather allows with a focus on building relationships and making connections of shared interests. Some weeks will have an activity following lunch, and activity suggestions are welcome. Regular attendance is not required - join us any time!

YOUNG ADULT BIBLE TALK

LEADERS: DEREK & MEGAN CALVERT

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: THURSDAY, WEEKLY

TIME: 6:30-7:30PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: BIBLE

NEXT MEETING: FEBRUARY 8

DURATION: ONGOING



If you're looking for an opportunity to get into God's Word without too much pressure, this group will be a good fit for you! We will have a short 30-minute discussion based around one scripture or story in the Bible. Afterwards, we'll have some time to hang out and get to know each other better. This group is for any adult between the ages of 20-35, whether you're single, dating, or married. Even if you're a little younger or older than those ages but would still like to be in the group, we'd love to have you!

FUN, FOOD, & FINANCES

LEADER: JOHN, JOELLEN,
& JOSHUA BARBAGELLO

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: SATURDAY, WEEKLY

TIME: 4:00-8:00PM

LOCATION: 3826 TULIP #3, EAST HELENA

REQUIREMENTS: POTLUCK DISH TO SHARE

FIRST MEETING: FEBRUARY 10

DURATION: 6 WEEKS



Join us for a fun and insightful evening playing Robert Kiyosaki's board game, Cash Flow. Learn financial concepts while enjoying a potluck dinner and building connections. It's more than a game night – it's a relaxed way to understand finances and get to know each other better. Come play, learn, and connect!

CONQUER SERIES

LEADER: JOE HAYES
CONTACT: CONTACT MHCC OFFICE STAFF
DAY: MONDAY, WEEKLY
TIME: 6:00-9:00PM
LOCATION: MHCC, BLUE CLASSROOM
REQUIREMENTS: CONQUER SERIES STUDY
GUIDE: VOL. 1 & 2 & CONQUER
SERIES JOURNAL (\$55)
FIRST MEETING: FEBRUARY 12
DURATION: 12 WEEKS



The Conquer Series is a powerful cinematic study that is transforming the lives of men all over the world. These action-packed volumes contain biblical teachings and proven principles to help men walk with purity and freedom in Christ!



FOUNDATIONS: BIBLICAL ESSENTIALS



LEADERS: NICK REGUIN

CONTACT: 406.461.0834

DAY: TUESDAY, WEEKLY

TIME: 6:30-7:4PM

LOCATION: MHCC

REQUIREMENTS: THE PURPLE BOOK (\$10)

FIRST MEETING: FEBRUARY 6

DURATION: 12 WEEKS

Having a biblical foundation is vital when navigating the adventures and challenges that we face in life. In order to grow spiritually, we need to understand what the Bible teaches us. During this group, we'll be working through The Purple Book, a Bible study guide that helps believers know and apply the essential beliefs of Christianity. We will go through one chapter per week on our own, then come together for discussion and reflection on what we have learned.

Growth Track helps people grow in their understanding of God and how they are an important part of what He is doing in the world through His community, the Church. Our goal for those who complete Growth Track is to become fully activated in the mission Jesus gave us all: to teach others about Him. Growth Track 101, 201, and 301 do not need to be completed in any particular order.

GROWTH TRACK 201

ACTIVATION: STRENGTHS & GIFTS



LEADERS: BRANDON FREITAS

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: TUESDAY, WEEKLY

TIME: 6:30-7:45PM

LOCATION: MHCC

REQUIREMENTS: \$20 FOR ONLINE ASSESSMENT, BIBLE

FIRST MEETING: FEBRUARY 6

DURATION: 7 WEEKS

We want to build our lives to be more like Jesus! Jesus was connected to God, connected to people, and connected to His calling. Activation helps us understand what our personalities, spiritual gifts, and strengths are and how each person connects with the mission of the Church. We will also cover how our life experiences makes us uniquely designed and equipped to carry out a specific mission in building the Kingdom of God!

Our Growth Track Consists of:

101: Vision and Values of MHCC

201: Foundations: Biblical Essentials

301: Activation: Strengths and Gifts

GROWTH TRACK 301

GRIEF SHARE

LEADER: GENICE GILREATH-CONE

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: TUESDAY, WEEKLY

TIME: 6:30-8:00PM

LOCATION: MHCC, BLUE CLASSROOM

REQUIREMENTS: NONE

FIRST MEETING: FEBRUARY 6

DURATION: 16 WEEKS



Whether you're experiencing recent loss or seeking support for past grief, this group provides a safe and caring environment to explore your feelings, share your story, and find hope and encouragement in the midst of your grief. Together, we'll navigate the journey of grief and healing using the GriefShare curriculum, learn valuable tools and insights to help us cope with loss and move towards healing and renewed hope. You don't have to go through this journey alone; let's walk through it together.

JOY IN THE JOURNEY



LEADERS: LYNN STUMBERG

CONTACT: CONTACT MHCC OFFICE STAFF

DAY: WEDNESDAY, WEEKLY

TIME: 6:30-8:00PM

LOCATION: MHCC

REQUIREMENTS: BIBLE

FIRST MEETING: FEBRUARY 7

DURATION: 4 WEEKS

Join us for a journey where we, as a community of ladies, explore the book of Philippians together. This isn't just a class; it's an interactive and relational experience. Using the steps of observation, interpretation, and application, we'll dive into God's Word. Your insights matter – this study encourages sharing personal observations and applications as we navigate this together.

The heart of this class is more than just studying; it's about allowing God's Word to impact our lives deeply. Together, we'll discover how to seek Christ and grow into His likeness. Beyond the study sessions, there'll be ample time for heartfelt discussions, building connections, and lifting each other up in prayer. Come join this community-focused journey of knowing, growing, and supporting one another.



INTO THE HEART OF ROMANS



LEADERS: JR QUIGLEY

CONTACT: 406.461.8154

DAY: WEDNESDAY, WEEKLY

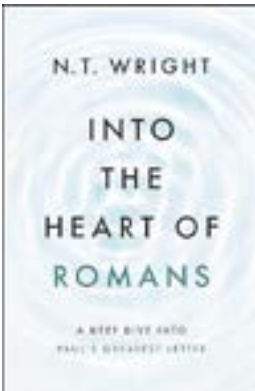
TIME: 6:30-8:00

LOCATION: MHCC

REQUIREMENTS: "INTO THE HEART OF ROMANS,"
BOOK BY N.T. Wright (~\$20)

FIRST MEETING: FEBRUARY 7

DURATION: 9 WEEKS



N.T. Wright is widely regarded as one of the most influential commentators and interpreters of Paul alive today. Within the letter to the Romans, chapter 8 is arguably one of the most spectacular peices of writing in the new testament, weaving several major biblical themes throughout its line of thought. It illuminates the gospel from the promises of Abraham through the visions of Revelation.

Wright is an expert at filtering out unhelpful modern paradigms, and looking through the eyes of a first century reader. You will find his exposition both fresh and affirming. Come dive with us into Paul's greatest letter.

FIRST IMPRESSIONS

LEADERS: BOB WAMSLEY

CONTACT: CONTACT MHCC OFFICE STAFF

NEEDS: GREETERS, HOSTS

REQUIREMENTS: NONE

SCHEDULE: ONCE PER MONTH



MEN'S MINISTRY

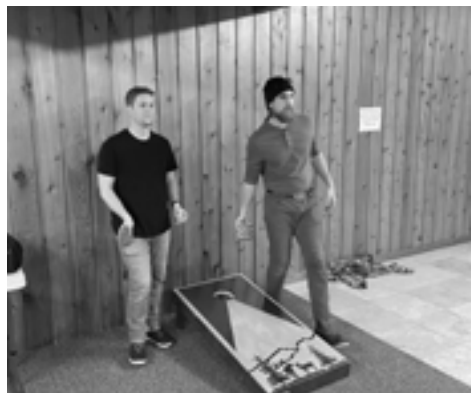
LEADERS BOB WAMSLEY

CONTACT: CONTACT MHCC OFFICE STAFF

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: NONE

SCHEDULE: VARIES



MINISTRY TEAMS

WOMEN'S MINISTRY

LEADERS: LYNN STUMBERG, JOELLEN BARBAGELLO, &
MELISSA HAYES

CONTACT: CONTACT MHCC OFFICE STAFF

NEEDS: PRAYER, SMALL GROUP LEADERS, MENTORS,
DISCIPLERS, EVENT LOGISTICS

REQUIREMENTS: A HEART TO SERVE OTHERS

SCHEDULE: MONTHLY



MHCC KIDS

LEADERS: JULIE SWANSON

CONTACT: CONTACT MHCC OFFICE STAFF

NEEDS: LEAD TEACHERS, CLASSROOM BREAKOUT LEADERS,
KIDCHECK GREETERS

REQUIREMENTS: APPLICATION, BACKGROUND CHECK

SCHEDULE: EVERY OTHER MONTH



MINISTRY TEAMS



YOUTH GROUP LEADERSHIP TEAM

LEADERS: TIFFANY ROBINSON

CONTACT: CONTACT MHCC OFFICE STAFF

NEEDS: CHAPERONES/ASSISTANT LEADERS
FOR MIDDLE AND HIGH SCHOOL GROUPS

REQUIREMENTS: BACKGROUND CHECK

SCHEDULE: WEDNESDAY NIGHTS, WEEKLY

MHCC Youth Group is for students in 6th-12th grades. We meet on Wednesday nights for fun games and practical, relevant bible teaching. The youth group leaders are passionate about nurturing healthy relationships, empowering, and equipping our youth to follow Christ.

We are always in need of more chaperones/assistant leaders for both high school and middle school age groups. Come and lead a younger generation into the purposes of God!

MINISTRY TEAMS



SOUND TEAM

LEADER: NICK AND HANNAH REGUIN

CONTACT: 406.461.0834 (NICK) 406.422.6274 (HANNAH)

nick@mounthelena.org

hreguin@gmail.com

NEEDS: SOUND TECHNICIANS

REQUIREMENTS: SEVERAL WEEKS OF TRAINING

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE, EVENTS
ONCE PER MONTH

MEDIA & VIDEO TEAM

LEADERS: NICK REGUIN

CONTACT: 406.461.0834

nick@mounthelena.org

NEEDS: MEDIA TECHS, VIDEO TECHS

REQUIREMENTS: SEVERAL WEEKS OF TRAINING

SCHEDULE: ONCE PER MONTH AT SUNDAY SERVICE, AS NEEDED FOR
SPECIAL EVENTS

MINISTRY TEAMS

WORSHIP TEAM

LEADER: NICK & HANNAH REGUIN

CONTACT: 406.461.0834 (NICK) 406.442.6274 (HANNAH)

nick@mounthelena.org

hreguin@gmail.com

NEEDS: ALL MUSICIANS, VOCALISTS

REQUIREMENTS: APPLICATION, AUDITION

SCHEDULE: THURSDAY REHEARSAL, SUNDAY SERVICE,
1-2X MONTHLY



MINISTRY TEAMS

HOW DO I SIGN UP?

SIGN UP ANY OF THESE WAYS:

- ① Online at www.mounthelena.org/groups
- ② In MHCC's mobile app for IOS or Android
- ③ Fill out a card on Sign Up Sunday
- ④ Click here:



MHCC GROUPS FUTURE DATES

If you are interested in MHCC Groups but can't join or lead one at this time, check back in Spring when we'll begin our next group cycle!

Leader Apps Due: March 25th

Signup Sunday: April 7th